

Midweek Lent (February 28) — Week 2

Questions for reflection, from reading pages 47-73 in

“God For Us: Rediscovering the Meaning of Lent and Easter”

(Greg Pennoyer & Gregory Wolfe, editors; Massachusetts: Paraclete Press, 2015)

1. As you journey through Lent, how has your understanding of ‘fasting’ deepened? What new aspect of fasting, described in the book, has intrigued you the most? Or, challenged you? Or, changed the focus and behaviour of your Lenten discipline? (pages 4,7-8,27-29,33-34,59-61)

2. What images of God and Jesus suggested in the book stand out for you the most? Why? Note the scripture reference associated with each.
 - a. God, from whom no secrets are hid (pages 65-67)
 - b. God, who loves you anyway (pages 65-67)
 - c. God, the protective harbour (pages 63-65)
 - d. God, the disruptive storm (pages 63-65)
 - e. God, the (any other?)

3. Which of the following words strikes a chord for you, as distinguishing the Christian religion from other religions? Why? Note the scripture reference associated with each.
 - a. Self-critical (p.47)
 - b. Humorous yet Honest (p.47)
 - c. Non-performance (p.48)
 - d. Non-competitive (p.48)
 - e. Importance of Rest (p.48)
 - f. Doing truth as ultimate good (p.49)

4. What surprised you most from the readings this week? What interpretation challenged you?

5. What phrase, scripture, prayer or sentence inspired you the most — from this second week of readings? How does this insight affect your Lenten discipline, if at all?